



Intent, Implementation and Impact of PE

Four Swannes Primary School

Intent

Four Swannes Primary School believes that physical education is essential to all pupils to ensure the best possible physical development and good health. We deliver high quality teaching and learning opportunities that inspire children to succeed and develop life skills. The teaching staff at Four Swannes offer pupils the chance to collaborate and cooperate with others while working as an effective team and giving opportunities to understand fairness.

The curriculum we follow aims to improve emotional wellbeing and fitness of all pupils. We want them to develop basic physical skills, build confidence in their abilities and encourage a love of sports related activities.

At Four Swannes Primary School, we aim to develop competence in a broad range of physical activities. This will be achieved through:

- Being physically active for sustained periods of time.
- Engage in competitive sports.
- Promote and lead a healthy and active lifestyle.
- Provide all pupils with access to the lessons.
- Build self-esteem, confidence, and resilience in all pupils.

Implementation

At Four Swannes Primary School, we have adopted the Complete PE scheme for our PE lessons. This scheme ensures pupils are given many opportunities to develop physical movement. We also have a specialist PE coach who teaches Reception to Year 6 once a week with teacher support.

Nursery children access physical development discretely withing the continuous provision throughout the day. Reception pupils begin with this to ensure a smooth transition before beginning formal lessons in the second half of Autumn term led by the School Sports Coach.

Key Stage one and two pupils receive 2 hours of high-quality PE lessons each week. PE lessons consist of an introduction and warm up, progression of skills and a plenary. Pupils have the opportunity to work independently, together; performing and feeding back to each other. They will build on previous learning through subject specific vocabulary and use of equipment. The school also offers a range of extra-curricular activities including multi-skills, netball, football, badminton, etc.

A small group of upper key stage two children are invited to become Sports Leaders within the school. These children are encouraged to become sporting role models to the younger pupils. They help with extra-curricular activities and use their initiative to lead playtime activities.

Impact



The curriculum we offer is designed to allow pupils to be taught a variety of activities through each key stage and to ensure there is progression through each area. Each year children deepen their understanding by being introduced to specific vocabulary. Pupils learn to take responsibility for their own health, wellbeing, and fitness. They have the opportunity to take part in extra-curricular activities that are showcased through various competitions.