



Year 1 Long Term Plan					
Jumping 1 (Locomotion)	Hands 1 (Ball Skills)	Feet 1 (Ball Skills)	Games For Understanding (Invasion Games)	Health and Wellbeing (Health and Wellbeing)	Rackets, Bats and Balls (Net and Wall Games)
Wide, Narrow, Curled (Gymnastics)	Growing (Dance)	Body Parts (Gymnastics)	The Zoo (Dance)	Team Building (Team Building)	Running 1 (Locomotion)
Year 2 Long Term Plan					
Explorers (Dance)	Health and Wellbeing (Health and Wellbeing)	Mr Candy's Sweet Factory (Dance)	Games for Understanding (Invasion Games)	Rackets, Bats and Balls (Net and Wall Games)	Team Building (Team Building)
Linking (Gymnastics)	Jumping 1 (Locomotion)	Hands 1 (Ball Skills)	Pathways (Gymnastics)	Feet 1 (Ball Skills)	Dodging (Invasion Games)
Year 3 Long Term Plan					
Wild Animals (Dance)	Symmetry and Asymmetry (Gymnastics)	Weather (Dance)	Dodgeball (Invasion Games)	Running (Athletics)	Athletics (Athletics)



Football (Invasion Games)	Tag Rugby (Invasion Games)	Basketball (Invasion Games)	Games Sense Invasion (Invasion Games)	Tennis (Net and Wall Games)	Competitions (Athletics)
Year 4 Long Term Plan					
Cats (Dance)	Bridges (Gymnastics)	Space (Dance)	Mindfulness (Health and Wellbeing)	Throwing and Jumping (Athletics)	Athletics (Athletics)
Handball (Invasion Games)	Communication and Tactics (OAA)	Hockey (Invasion Games)	Problem Solving (OAA)	Rounders (Striking and Fielding)	Tennis (Net and Wall Games)
Year 5 Long Term Plan					
Street Art (Dance)	Counter Balance and Counter Tension (Gymnastics)	The Circus (Dance)	Health Related Exercise (Health Related Exercise)	Running (Athletics)	Athletics (Athletics)
Football (Invasion Games)	Tag Rugby (Invasion Games)	Basketball (Invasion Games)	Games Sense Invasion (Invasion Games)	Tennis (Net and Wall Games)	Competitions (Athletics)
Year 6 Long Term Plan					
Carnival (Dance)	Matching and Mirroring (Gymnastics)	Swimming	Swimming	Throwing and Jumping (Athletics)	Competitions (Athletics)
Netball (Invasion Games)	Dodgeball (Invasion Games)	Hockey (Invasion Games)	Health Related Exercise (Health Related Exercise)	Rounders (Striking and Fielding)	Cricket (Striking and Fielding)

PE Curriculum Overview

