



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Nursery	Introduction to PE : Unit 1 Ball Skills : Unit 1	Introduction to PE : Unit 2 Ball Skills : Unit 2	Dance : Unit 1 Gymnastics : Unit 1	Dance : Unit 2 Gymnastics : Unit 2	Fundamentals : Unit 1 Games : Unit 1	Fundamentals : Unit 2 Games : Unit 2
Reception	Fundamentals : Unit 1 Introduction to PE : Unit 1	Fundamentals : Unit 2 Introduction to PE : Unit 2	Dance : Unit 1 Ball Skills : Unit 1	Dance : Unit 2 Ball Skills : Unit 2	Games : Unit 1 Gymnastics : Unit 1	Games : Unit 2 Gymnastics : Unit 2
Year 1	Team Building Gymnastics	Gymnastics Fundamentals	Target Games Dance	Ball Skills Dance	Athletics Sending and Receiving	Net and Wall Games Fitness
Year 2	Gymnastics Fundamentals	Sending and Receiving Dance	Fitness Gymnastics	Ball Skills Dance	Net and Wall Games Yoga	Striking and Fielding Games Team Building
Year 3	Netball Ball Skills Y3/4	Hockey Fundamentals Y3/4	Gymnastics Fitness	Gymnastics Badminton Y5/6	Athletics Cricket OAA	Fitness Tennis Rounders
Year 4	Netball Ball Skills Y3/4	Hockey Fundamentals Y3/4	Gymnastics Fitness	Gymnastics Badminton Y5/6	Athletics OAA Cricket	Rounders Tennis Fitness
Year 5	Netball Gymnastics	Hockey Football	Fitness Gymnastics	Badminton Y5/6 Parkour	Cricket Athletics OAA	Fitness Tennis Rounders
Year 6	Swimming Netball	Swimming Hockey	Fitness Gymnastics	Badminton Y5/6 Gymnastics	Athletics Cricket OAA	Tennis Rounders Fitness